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# PLANNING THE FOOD SUPPLY

Planned food production is an important project this year. Planting an adequate garden not only helps to provide a good supply of food, it also releases cash for other uses at the same time that it insures a good diet.

The _____ food supply budget has been worked out to include
(State or county)
the kinds of food needed for a well-rounded diet which can be grown here. It also shows how much of each kind should be planted in order to have a well-filled pantry and storage cellar for next winter's needs. The size and habits of different families is taken into consideration, too, and changes in the general budget are suggested for different conditions.

The vegetable garden does not take care of all the food needs. Fruit trees and vines enter into the picture, also poultry for eggs and meat, meat animals, and provision for milk and milk products. If the family has a definite plan for producing food, based on its actual requirements, the chances are good for an abundant food supply which will be sure to include enough of the important types.

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